

***BRIDGEWAY HAS A NEW NUMBER!***

# 877-692-5664

***Please call us for information about Bridgeway services.***

What if I just need someone to talk to?

Am I eligible?

Does Bridgeway offer telehealth?

Calling 877-692-5664 could be your first step toward feeling better! Bridgeway offers many services for people experiencing symptoms of mental illness and behavioral health distress, including substance use. Some Bridgeway programs address homelessness, employment and education goals, jail diversion, and daily recovery and rehabilitation programming. Many people who come to Bridgeway have been recently hospitalized. Bridgeway provides these folks long term support to live independently in their communities. If you are eligible, we will come to you! Have questions? Please call.



[www.bridgewaybhs.org](http://www.bridgewaybhs.org) | 877-692-5664

Join Our Online Community!



[www.bridgewaybhs.org](http://www.bridgewaybhs.org)

# Spotlight on Excellence!

## Congratulations to Bridgeway's Newest PACT Team Leader

After spending 10 years serving Bridgeway's PACT Team in Little Falls, and pursuing her Master's Degree, Brittany Bell was promoted to lead the PACT Team in Hudson County. The Bridgeway PACT Teams are the most intense outpatient programs, providing long-term wrap around care. Brittany loves the in-community aspect of PACT Team service delivery. "This is an exciting time for me, with thanks to my supervisors who pushed me to obtain my master's degree. I started as a Wellness Specialist, moved up to Wellness Clinician, and now Team Leader. I am very proud of my career in mental health serving the people who need it the most."



Brittany Bell, MS

## Meet Kathleen



Kathleen unveils her photo on the Cheerios box at the Shoprite where she works

Kathleen joined Bridgeway's Supportive Housing Team in Hunterdon County in the spring of 2018. She had been living in substandard housing where the unhealthy environment contributed to multiple hospitalizations. Back then, Kathleen's mental health challenges were getting worse and many areas of her life were suffering.

The Bridgeway family is so proud of Kathleen Tardif! Kathleen's living situation remarkably improved since Mark Firth and the SHH team began to work with her. It doesn't stop there! Kathleen was recently honored by the Shoprite where she works, by the NJ Legislature, and by Cheerios Partners in Caring initiative. Kathleen helped raise \$22,000 for local food banks by asking customers to contribute when they came through her register. Kathleen's heartfelt efforts were honored with gifts, and her photo on the front of the Cheerios boxes on the shelves where she works.



## A Glorious Day to Walk for Wellness!

The Bridgeway family got together on Saturday, October 29th in glorious unity! Staff, persons served, children and pets walked from Partial Care Union located at 567 Morris Ave. in Elizabeth to Bridgeway headquarters at 373 Clermont Terrace in Union. It's not too late to honor their commitment with a donation! Please go [bridgewaybhs.org](http://bridgewaybhs.org) and click on Donate, or text **2022walk** to 908-341-1455 and follow the prompts. Thank you!



# Mental Health and Addictions Hotlines

NJ Hopeline  
(suicide prevention)  
1-855-654-6735

NJ Disaster Mental Health Helpline  
1-877-294-4357

NJ Mental Health Cares  
1-866-202-4357

Addictions Access Center  
1-844-276-2777

NJ Addictions Hotline  
1-800-238-2333

NJ Connect for Recovery  
1-855-652-3737

NJ Quitline  
1-866-657-8677

Peer Recovery Warm line  
1-877-292-5588

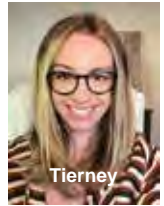
ReachNJ (Addictions Helpline)  
1-844-732-2465

NJ Council on Compulsive Gambling  
1-800-426-2537

# Outpatient Counseling Services

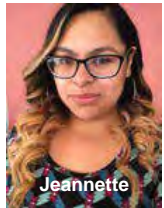
Bridgeway Behavioral Health counselors are available for talk therapy sessions during a range of convenient days and times. We're available to focus your comfort and recovery! For more information please call Jessica Bleyhl, Community Liaison at 908-568-5576.

*Through compassion, curiosity, and a non-judgmental stance, I provide a safe space to explore concerns, identify unhelpful patterns, and develop insight to behaviors that may be keeping you stuck.*  
Tierney Verderami, **LMFT, CASAC**



Tierney

*Si necesita ayuda, estamos aquí a su orden. By working as a team, we can address the complexity of issues that you may be experiencing.* Jeannette Palacios, **MA, LPC, LCADC, NCC, ACS, DRCC**



Jeannette

*Together, we will build a working relationship and figure out what direction is best for you. I am down-to-earth and participate actively in sessions.* Patti Packard, **MSW, LCSW**



Patti

*While I value the practice of sharing and listening, I believe the therapeutic process should be a deep, challenging and meaningful process. If you are ready to learn, grow and change, let's get to work.* Daniel Radom **MS, MSW, LSW**



Daniel

*It is an honor and privilege to be able to assist people and to bear witness to their journey from pain to healing.* - Dai Phan, Director of Outpatient Counseling Services, **LCSW**



Dai

# We Appreciate Our Corporate Sponsors



# Bridgeway Sussex Community Support Team

Bridgeway's Sussex CST located at 93 Stickles Pond Road in Newton, offers six programs that very often work interactively to deliver the best wrap around behavioral health services.

Community Support Services provide services necessary to assist Sussex County residents achieve mental health rehabilitative and recovery goals across a series of wellness domains including employment, education, housing, physical and mental health. Persons served in this program learn and practice skills in order to restore and/or develop their abilities to achieve community integration and remain living independently in the setting of their choice

- Employment/Career Services
- Homeless Outreach
- Integrated Case Management Services (ICMS)
- Partial Care, Day Rehabilitation Program
- Supportive Housing & Enhanced Supportive Housing
- Outpatient Counseling Services

Please visit [bridgewaybhs.org](http://bridgewaybhs.org) for more information

## Sussex Partial Care Theme Parties!



Do you know someone who is food insecure?

Visit [www.foodpantries.org](http://www.foodpantries.org) and input a zipcode for a list of food pantries in the area.

Anonymous Compliance Hotline - If you suspect fraud, waste, or abuse  
Call 732-317-5098

\* If you would like to be removed from our mailing list, please call 732-913-9666  
or write to [erica.smith@bridgewaybhs.org](mailto:erica.smith@bridgewaybhs.org)