

BRIDGEWAY UNION COUNTY SERVICES DIRECTORY



Whole-Person Behavioral Health Care



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***“ Bridgeway’s vision is that all persons
experiencing a mental health condition will live
happy, healthy, satisfying lives in the vocational,
educational, social and living environments
of their choice. ”***

Bridge To Wellness Integrated Care program

Primary care for people with mental illness

- The Bridge to Wellness Integrated Care program began as an extension of the psychiatric rehabilitation programming because many of the people Bridgeway serves lack access to critical, life-saving primary care due to a variety of barriers.

HOURS:

LOCATION:

– 567 Morris Avenue,
Elizabeth, NJ 07208

CONTACT: 908-917-7791

TEAM: We have two health professionals who will meet you. A licensed advanced practice nurse (APN), with more than 20 years of experience in community based primary care, and a bi-lingual licensed practical nurse (LPN) who specializes in wellness planning and activities.

PAYMENT: Medicaid, Medicare, and many third-party insurers. No one is turned away based on ability to pay. Assistance paying for medication.

SERVICES:

- Physical Exams
- Diagnosis and treatment for a wide range of medical conditions including: Diabetes, Hypertension, and Obesity

- Vaccines
- On site lab services
- Wellness programs
- Health Education
- Pap Smears
- Referrals to Specialists, such as: Cardiologist, Neurologist, Gynecologist and others - with participants' permission only.



*“ Our goal is to eliminate those barriers,
reduce hospitalizations,
and save lives. ”*

We know from talking to our referral sources that finding the mental health resources you need can be difficult. This booklet is an overview of our Union County services that we hope will help you – and your clients or patients.

Please contact us. We are happy to answer your questions! Bridgeway Behavioral Health Services helps people recover from conditions related to mental health conditions, co-occurring physical health challenges, and substance use.

We deliver individualized around-the-clock crisis intervention, outpatient services, and whole-person mental health care, providing access to physical health care services.

Bridgeway impacts people's lives in our communities by creating real opportunities for improvements in the social determinants of health, with dignity and compassion.



Bridgeway Administrative Headquarters

373 Clermont Terrace, Union, NJ 07083 • 908-512-7400



“ Originally called Bridgeway House, our program operated out of one building at 615 N. Broad Street in Elizabeth. The site continues to serve Union County residents including our Homeless Outreach and PATH programs. ”

Outpatient Counseling Services

Session-based help for people with substance use and mental health concerns

- If you have a patient, client, friend, or family member who has never sought counseling services before, but is experiencing sadness, anger, anxiety, or fear, this service is designed to help them.
- If you know someone who has lost a loved one, lost a job, or is having difficulty managing stress at home or at work, Bridgeway Outpatient Counseling Services can help.
- Advance Practice Nurses for medication management are available as needed. Bi-lingual Spanish counselors are also here to help.

HOURS: Behavioral health counselors are available for secure talk therapy sessions during a range of convenient days and times. Please call or email to schedule an appointment.

LOCATION: Sessions are via telephone, televideo, or can be arranged for in-person sessions for substance use counseling.

CONTACT:
908-310-5169 or 973-383-8670
outpatientcounseling@bridgewaybhs.org

ELIGIBILITY: Outpatient Counseling Services are now available for persons who desire session-based treatment for substance use and mental health disorders. Current appointments are by telephone and tele-video. In some cases, in-person counseling is available.

PAYMENT: All insurance is welcome including Medicaid.

SERVICES:

- Talk therapy
- Substance use counseling
- Help with depression, anxiety disorders and other potentially long-term problems



“ Bridgeway counselors are engaging and effective. They will help with depression, anxiety disorders and other potentially long-term problems. ”

Employment/Career Services

Vocational development for rehabilitation of people who have mental health conditions

- Bridgeway emphasizes vocational development as a crucial ingredient in the rehabilitation and recovery of people who have mental health conditions. Work is important, not only as a means of financial support, but as a self-esteem and confidence builder.
- Persons served meet with their assigned Employment Counselor to explore possible career opportunities based on their strengths, experiences, interests, and preferences.
- Assist individuals in obtaining a position of choice through practice interviews, resume building, and internet job searches. Services are provided through individual counseling.
- The Employment Service Team assists the individual in doing whatever it takes to keep that job. It is done through on and off-site job coaching and individual meetings.

LOCATION: 373 Clermont Terrace,
Union, NJ 07083

CONTACT: 908-512-7400

SERVICES:

Services are available for those whose work attempts have been delayed or interrupted due to mental illness and include:

- Skills and qualifications assessment
- Career counseling
- Resume, application and interview preparation

- Assistance with Social Security and other benefits
- Educational goals
- Job coaching and support



“ Bridgeway uses the Supported Employment model of services which is recognized as the best practice to assist people who have mental health disabilities to get and keep jobs. ”

Homeless Outreach Support Team (HOST)

Outreach, support, and case management services to homeless adults who have mental health conditions

- HOST prioritizes the enrollment of transition age youth and adults, ages 16-24, as well as those with co-occurring substance use disorders.
- Serves homeless individuals of all ages living with serious mental illness, serious emotional disturbance, and/or co-occurring substance use disorders.
- Accessible, effective, coordinated, integrated, and evidence-based treatment services, peer support, and other recovery support services, and linkages to sustainable permanent housing to individuals living with behavioral health conditions.

HOURS: Open seven days a week, 9 am to 8 pm, and are on call after hours. Emergency support is available after-hours, and on weekends.

LOCATION: 615 North Broad St. Elizabeth, NJ 07208
Satellite office at the Plainfield YMCA, 950 Park Avenue by appointment only.

CONTACT: 908-289-7330, press 2 for Union County HOST and PATH

ELIGIBILITY: We prioritize the enrollment of transition age youth and adults ages 16-24, as well as those with co-occurring substance use disorder.

TEAM: Homeless Outreach Support Team provides accessible, effective, coordinated, integrated, and evidence-based treatment services, peer support, and other recovery support services, and linkages to sustainable permanent housing to individuals living with behavioral health conditions.

SERVICES:

- Hands-on assistance with finding both temporary and permanent housing
- Linkages to mental health, housing co-occurring (substance abuse) service, medical, legal, education, career development, transportation and social services
- Assistance with obtaining public assistance and/or social security benefits, if desired.
- Individualized recovery plan to assist with reaching goals
- Support in living in the community
- Assistance with daily living skills, including budgeting, personal hygiene, housekeeping, and medication education
- Transportation may be provided as appropriate for initial appointments

PATH Homeless Outreach

Bridgeway provides outreach, support, and case management services to adult Union County residents who are homeless, or are at risk of becoming homeless and who have a mental health condition.

HOMELESS OUTREACH SERVICES INCLUDE:

- Assistance finding both temporary and permanent housing
- Mental health, substance abuse, medical, vocational, and social services
- Help obtaining public assistance and/or social security benefits
- Assessment of individual needs and psychiatric rehabilitation goals
- Individualized treatment planning
- Ongoing case management and supportive counseling
- Teaching and assisting with daily living skills
- Transportation options for appointments



“*HOST and PATH serve homeless individuals of all ages living with serious mental health conditions, serious emotional disturbance, and/or co-occurring substance use disorders.*”

Bridgeway Justice Involved Services (JIS)

Assist persons with mental illness in the criminal justice system

- Assist persons with persistent mental illness who become entangled with the criminal justice system.
- Help individuals avoid or reduce days incarcerated in jail and assist with reentry to their community to receive the appropriate treatment.
- Case management services to adult residents of Union County who are currently incarcerated or have been recently released from jail/prison.

LOCATION: 373 Clermont Terrace,
Union, NJ 07083

CONTACT: 908-512-7400

REFERRALS: Referrals accepted
by phone.

ELIGIBILITY: Union County Adults
residents 18 and over who have
experienced serious and persistent
mental illness and may be combined
with substance use disorder.

- Jail Diversion Program: Must have charges from Union Country that may be diverted Non-violent offenses. This program is a collaboration between Bridgeway, Union Country Prosecutors, and Trinitas Hospital.
- Re-entry Services: Must have recent or current incarceration in the county jail or state prison.

SERVICES:

- Case management and advocacy with the legal system including mental health court, probation and/or parole
- Illness management and recovery support services
- Temporary housing assistance until permanent housing can be found
- Mental health, substance abuse and physical health services
- Social welfare/financial entitlements to support independent and community living including Division of Social Services and Social Security
- Career development in order to develop strategies to choose, get and keep employment and/or educational enrollment
- Assistance to develop their supportive network in the community, including families, friends, self-help, religious organizations, and social/recreational programs



“ JIS operates on the belief that a comprehensive diversion program can make a difference in breaking the cycle of arrest, re-arrest, and incarceration of individuals with serious mental illnesses charged with non-violent offenses. ”

Program of Assertive Community Treatment (PACT)

*Integrated rehabilitation treatment and support for individuals
with serious mental illness*

- Enables people to manage their mental illness and live as independently as possible by empowering them to take responsibility for their own rehabilitation and ownership of their recovery journey.
- Self-management of mental illness
- Community integration
- Prevention of psychiatric re-hospitalizations

HOURS: 24 hours/7 days a week

LOCATION: 373 Clermont Terrace,
Union, NJ 07083

CONTACT: 908-512-7400

Union County - PACT I

Union County - Western – PACT II

Union County - Central - PACT III

ELIGIBILITY: Candidates for PACT services must be diagnosed with one of the following psychiatric diagnoses:

- Schizophrenia/other Psychotic Disorders (298.9);
- Major Depressive Disorders (296xx);
- Bipolar Disorders (296.xx, 296.89);
- Delusional Disorders (297.1);
- Schizoaffective Disorder (295.7)

Also, within the prior 18 months candidates have one of the following:

1. Two or more State Hospitalizations
2. One State Hospitalization with one or more other psychiatric hospitalizations
3. One State Hospitalization with multiple screening center episodes
4. Two or more STCF and/or County Hospital admissions
5. One STCF or County Hospital admission with one or more

psychiatric hospital admissions

6. One STCF or County Hospital admission with multiple screening center episodes

7. Two or more involuntary psychiatric hospital admissions at private psychiatric hospitals

SERVICES:

- Individualized and flexible services mostly provided in the home or other community settings
- Medication prescription, administration, education and support
- Rapid and flexible response to potential crisis
- Career counseling, skills training and ongoing support to persons served on the job
- Dual Recovery Counseling
- Direct assistance with and teaching of critical life tasks
- Assistance in developing peer and community social supports
- Partnership with family/significant others
- PACT services can be lifelong if needed



“ PACT believes that people who have serious mental illness can live successful and satisfying lives in the community when flexible services and supports are provided. ”

Bridgeway Supported Education - LEARN of Central NJ

Outreach to assist people with psychiatric disabilities to reach post-secondary academic goals

- Supported education (SED) program is a mobile outreach to assist people with psychiatric disabilities to reach post-secondary academic goals.
- Assist colleges and mental health services to support people with psychiatric disabilities to pursue the role of college student.
- Help people access and complete their post-secondary education.

LOCATION: LEARN of Central NJ,
373 Clermont Terrace, Union, NJ 07083

CONTACT: 908-512-7400
LEARNofcentralNJ@gmail.com

ELIGIBILITY: 18 years of age or older,
High school diploma or GED, Diagnosis
of psychiatric illness, desire to attend
post-secondary school, mastery of the
English language

SERVICES:

- Supportive counseling
- Accommodation education
- Referral and linkages to academic and social supports
- Skill development with organizing, planning, and other common college difficulties



“ Services are individualized and flexible based on students’ choice, self-determination, and career goals to help them complete their post-secondary education. ”

“ Our goal is to develop the capacity of traditional mental health services and peer run services to support people returning to school ”



Partial Care, Day Rehabilitation Program

*Skill building recovery services in a freestanding
community based setting*

- Daily clinical, prevocational, educational, social, and support services as a bridge between emotional illness and productive active living.
- A range of recovery oriented services that address the holistic needs of the person in recovery including an opportunity to work on personal, social, vocational, wellness, and educational goals
- Helping individuals live independently in the community and to prevent the use of more acute mental health services.

LOCATION: 567 Morris Avenue,
Elizabeth, NJ 07208

CONTACT: 908-355-7200
intakePCU@bridgewaybhs.org

ELIGIBILITY: Adults 18 and over who have experienced psychiatric illness consistent with DSM-IV Axis I diagnoses. The person served demonstrates impaired functioning in at least one of the following domains on a continuing and intermittent basis for at least one year:

- Personal Self Care
- Interpersonal Relationships
- Work
- School
- Ability to live in the community
- Ability to acquire and/or maintain safe, affordable housing and is at risk of requiring a more restrictive living situation.
- Co-Occurring mental illness and substance abuse

PAYMENT: All insurance is welcome. Inability to pay and lack of insurance are not barriers to receiving services. Once the intake process is complete, individuals will receive assistance to determine eligibility for benefits.

SERVICES:

- Medication education
- Wellness activities
- Supported education
- Access to primary health care
- Peer support
- Recovery-oriented environment
- Social connections
- Individual and group counseling
- Linkages to community supports



“ The program operates on the tenet that all individuals when given support, skill training, opportunity, and encouragement can learn to live more independently and be more self-sufficient. ”

Supportive Housing & Intensive Supportive Housing

Assistance to achieve community integration and living independently

- Evidence-based housing-first practices resulting in helping people with mental health conditions live independently.
- Positive outcomes for career development, community integration and reduction of re-hospitalization.
- Assists residents to achieve mental health rehabilitative and recovery goals including employment, education, housing, physical and mental health.
- Development of an individualized recovery plan through a comprehensive personalized needs assessment.
- Assists individuals to learn and practice skills in order to restore and/or develop their abilities to achieve community integration and remain living independently in the setting of their choice.

LOCATION: 373 Clermont Terrace,
Union, NJ 07083

CONTACT: 908-512-7400

REFERRALS: Referrals are accepted from State, County and Local hospitals as well as the community depending on level of support needed.

ELIGIBILITY:

- A diagnosis and documented history of a severe mental health need
- Interest in learning and developing skills to restore function and promote community integration
- Union County residents whose lack of functioning or resources threatens their ability to remain independent in the community
- For enhanced supportive housing: person must be at risk of homelessness and/or state hospitalization

SERVICES:

Supportive Housing Services provides:

- Restoration of community living skills
- Tenant/citizen education
- Assistance with employment and/or education
- Social skills to develop interpersonal relationships
- Illness, management and recovery skills
- Accessing and securing public entitlements
- Cognitive and behavioral skill development for crisis management
- Medication education/coping skills
- Afterhours support



“ Supportive housing decreases hospitalization rates for people with mental illness by providing access to affordable, permanent housing, employment and education programs, and community support. ”

How To Reach Us

UNION NJ

373 Clermont Terrace, Union, NJ 07083
908-512-7400

Career Services - Vocational development

Justice Involved Services (JIS)

Assist persons with mental illness in the criminal justice system

Program of Assertive Community Treatment (PACT)

Integrated rehabilitation treatment and support

Supported Education - LEARN of Central NJ

Outreach to assist people with psychiatric disabilities to reach post-secondary

Supportive Housing & Intensive Supportive Housing

Assistance to achieve community integration and living independently

ELIZABETH, NJ

567 Morris Avenue, Elizabeth, NJ 07208

Bridge to Wellness - Primary care
908-917-7791

Partial Care, Day Rehabilitation Program
Psychiatric day rehabilitation services
908-355-7200

615 N. Broad Street Elizabeth, NJ 07208

Homeless Outreach Support Team (HOST) and PATH

Outreach, support, and case management
908-289-7330, press 2 for Union County
HOST

PLAINFIELD, NJ

Homeless Outreach Support Team (HOST) and PATH

Outreach, support, and case management
YMCA, 950 Park Avenue, Plainfield NJ
908-289-7330, press 2 for Union County
HOST (by appointment only)

Bridge to Wellness - Primary care
18 Roosevelt Avenue Plainfield, NJ 07060
908-917-7791

Outpatient Counseling Services
Session-based help for people with
substance use and mental health concerns
908-310-5169 or 973-383-8670



Bridgeway Behavioral Health Services
Administrative Headquarters

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