



FACT SHEET
Outpatient Counseling Services
including Substance Use Treatment (in some locations)

In Union County by telehealth – (877) 692-5664
In Hudson County in-person – (201) 885-2539 or (877) 692-5664
In Sussex County by telehealth & in-person – (973) 383-8670
Email: outpatientcounseling@bridgewaybhs.org

visit the Outpatient Counseling page at <https://www.bridgewaybhs.org/services.talktherapy.html>

Hours of Operation:

Bridgeway behavioral health counselors are available for secure talk therapy sessions during a range of convenient days and times. Please call or email to schedule an appointment.

Eligibility:

Outpatient Counseling Services are now available for persons who desire session-based treatment for substance use and mental health disorders. Current appointments are by telephone and tele-video. In some cases, in-person counseling is available.

Counseling is available for all ages.

All insurance is welcome including Medicaid.

Bridgeway behavioral health counselors are available for secure talk therapy sessions during a range of convenient days and times.

Bridgeway counselors are engaging and effective. They will help with depression, anxiety disorders and other potentially long-term problems.

Please call or email for prompt access to Outpatient Counseling Services.