



## **FACT SHEET**

### **Supported Education – for residents of Essex, Hudson, Middlesex, and Union Counties**

Phone: (908) 687-9666 - Fax: (908) 248-9222

Bridgeway's LEARN of Central NJ, a supported education (SEd), program is a mobile outreach service aimed to assist people with psychiatric disabilities to reach their post-secondary academic goals. Services are individualized and flexible based on student choice, self-determination, and career goals. This program will assist in developing the capacity of colleges as well as mental health services to encourage and support people with psychiatric disabilities to pursue the role of college student. Help people access and complete their post-secondary education

#### **Program goals:**

- Help people access and complete their postsecondary education
- Develop the capacity of traditional mental health services and peer run services to support people returning to school
- Develop the capacity of colleges and universities to support students with psychiatric disabilities matriculating in their programs

#### **Direct Services**

Students with psychiatric disabilities may at times need additional supports and resources to successfully reach their educational goals. Bridgeway offers services to residents of Middlesex and Union Counties who have psychiatric disabilities to assist with the challenges of being a college student. LEARN of Central NJ helps people graduate from college by providing and connecting them with additional supports and services which include:

- Supportive counseling
- Accommodation education
- Referral and linkages to academic and social supports
- Skill development with organizing, planning, and other common college difficulties

#### **Self Help Centers**

This initiative is offering assistance to Self Help Centers in the Central Region who are interested in helping people return to school. Bridgeway's staff will assist Centers in developing the supports and services that help people go back to school. By incorporating aspects of Supported Education at Self-Help Centers, Bridgeway's initiative will be able to help more people reach their goals of returning to college. Bridgeway will provide on-going technical assistance to help centers develop groups that best fit their constituents.