



## FACT SHEET

### Bridgeway Crisis Intervention Services

#### BCIS - Hudson County

152 Central Avenue, Jersey City, NJ 07306  
Phone: (201) 885-2539 • Fax: (201) 885-2546  
Available by phone after hours at (201) 885-2539

#### BCIS - Union County

615 North Broad Street, Elizabeth, NJ 07208  
Phone: (908) 469-6517 • Fax: (908) 248-9342  
Available by phone after hours at (908) 469-6517

#### Hours of Operation:

Monday - Friday from 9am - 5pm; Saturday and Sunday from 10am - 6pm

Bridgeway Crisis Intervention Services (BCIS) is an Urgent Care Center providing crisis intervention and support to Hudson and Union County residents age 18 and older who are experiencing a mental health crisis or a worsening of a pre-existing mental health disorder. The goal is to help people in crisis gain control of their symptoms and remain in the community as an alternative to going to the emergency room.

BCIS provides crisis intervention and support through a three-step process. First, the multidisciplinary team comprehensively assesses all enrollees for their mental health needs and co-occurring needs if substance use is an issue. Second, the team provides clinical services and medication management as needed as part of the brief crisis stabilization that takes place with all individuals. Lastly, BCIS partners with mental health outpatient centers and community based agencies in Hudson and Union County, and outside the counties if needed, to ensure that rapid referral and linkages take place and that treatment continues successfully after discharge from BCIS, if continued treatment is clinically indicated and sought by the individual.

#### Services Include:

- crisis stabilization and de-escalation
- comprehensive biopsychosocial assessment inclusive of risk assessment
- individual therapy
- treatment planning
- illness management
- group therapy
- linkages and referrals for after-care
- information and referrals provided for financial entitlements and housing/shelters
- psychiatric evaluation for medication and medication management
- bi-lingual Spanish staff and use of the cyracom language line so those speaking any language at all can be seen for services

A team of Licensed Clinicians, Psychiatric Advance Practice Nurses, a Wellness Specialist and a Psychiatrist are available to assist individuals during this challenging time. All individuals are seen by a Licensed Clinician the same day they present for services. Psychiatric evaluations and medication are available when clinically indicated. The time period for services varies based on the individual. For some, one or two visits are sufficient, while for others the maximum enrollment period of 30 days is beneficial. Services are provided on-site.

Referrals are accepted by phone, however an individual seeking services does not need to be referred. Walk-ins are encouraged during BCIS hours of operation. We are also available by phone after hours.

Bridgeway Crisis Intervention Services accepts Medicaid, Medicare, and many third-party insurers, and also sees individuals who have no insurance coverage at all. No one is ever turned away based on ability to pay. We also provide one-time assistance paying for medication for those who have financial difficulties and we work with the individual to ensure they can pay for their medications going forward. Throughout the course of services at BCIS, bus and light rail passes are provided as needed to help individuals get to their appointments while at the same time we work with the individual to set up transportation for services to be followed up with after discharge from BCIS.