



**Partial Care  
Day Rehabilitation Program  
Union County**

**Who is eligible?**

Adults 18 and over with a mental health diagnosis who are experiencing difficulties managing interpersonal relationships, work, school, living environment, and substance use.

**Required:**

- Desire to actively participate in one's own recovery
- Attendance in virtual programming, with the anticipation of transitioning into hybrid or in-person programming depending on internal covid policies

**Please note:**

All insurance is welcome. Inability to pay and lack of insurance are not barriers to receiving services. We will help you determine eligibility for benefits

**Partial Care - Union County  
567 Morris Avenue  
Elizabeth, NJ 07208  
908-335-7200**

[intakePCU@bridgewaybhs.org](mailto:intakePCU@bridgewaybhs.org)

[www.bridgewaybhs.org](http://www.bridgewaybhs.org)



567 Morris Avenue  
Elizabeth, NJ 07208



**Mental Health  
Co-Occurring  
Substance Use  
Recovery Programming**

**Partial Care  
Union County**

**Call:  
908-355-7200**

**Email:  
[intakePCU@bridgewaybhs.org](mailto:intakePCU@bridgewaybhs.org)**

**Day Rehabilitation  
Program**

## Partial Care Day Rehabilitation Recovery Services

Partial Care provides a recovery-oriented environment M - F in which individuals experiencing mental illness can become part of a community that provides hope, skill development, wellness, and support towards attaining valued roles.

The Partial Care program strives to promote community integration and improve one's quality of life.



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*Partial Care programming focuses on increasing physical, emotional and intellectual strengths of people, and utilizing resources so that they have the opportunity to achieve their goals*

### ***Interactive Programming***

*More than 20 therapeutic groups are convened each week, which may, depending on the needs of current participants, include:*

- Groups customized to focus on participants' shared goals and needs \*may include transition age young adults
  - Groups customized to address the needs of participants being treated for co-occurring substance use conditions
  - Groups focusing on medication management
  - Groups focusing on developing recovery tools
  - Groups focusing on crisis management skills
  - Groups focusing on pre-vocational skill building
  - Creative Arts Groups
  - Groups customized for LGBTQ+ participants
- \*All programming is subject to change depending on state and local regulations*

### **The Partial Care Program Provides:**

- Medication education
- Wellness activities
- Access to primary health care
- Peer support
- Recovery-oriented environment
- Social connections
- Individual and group counseling
- Assistance accessing benefits
- Linkages to community supports



Administrative Offices  
373 Clermont Terrace  
Union, NJ 07083  
908-512-7400