# Bridgeway specializes in complex co-occurring mental health, physical health, and substance abuse conditions.

#### **BRIDGEWAY'S VISION**

All persons experiencing a mental health condition will live happy, healthy, satisfying lives in the vocational, educational, social, and living environments of their choice.

#### **MISSION STATEMENT**

Bridgeway Rehabilitation Services facilitates, promotes, and fosters recovery from mental illness and co-occurring problems. We inspire and support individuals to become productive citizens who are fully engaged in their communities by creating opportunities for wellness, independent living, learning, working and social inclusion.

#### STATEMENT OF VALUES

Bridgeway champions the right of every individual toward self-determination, wellness, and recovery. All people at Bridgeway are treated with dignity, respect, understanding and compassion. Every person is supported in his or her recovery journey and in achieving goals in the areas of employment, education, independent housing, health and wellness, relationship and social support building. Bridgeway promotes respect for cultural and ethnic differences, and views these differences as opportunities for shared learning and growth for each person receiving services, family and significant others, employees, and other stakeholders. As a part of Bridgeway's commitment to providing quality innovative services, a strong effort is made in hiring people with psychiatric disabilities in all agency positions.





# A System of Mental Health Services in Central and Northern New Jersey



#### **BRIDGEWAY'S PRINCIPLES**

Persons receiving services at Bridgeway are offered a wide range of vocational, educational, living and social opportunities to assist them to improve their skills, self-esteem, and sense of belonging to the larger community. These services follow psychiatric rehabilitation, wellness and recovery principles:

#### 1. Hope

People who have psychiatric disabilities can lead productive, satisfying lives. This belief instills hope and is directly communicated through the words and actions of staff.

#### 2. Individualized Services

Each person is encouraged and empowered to establish recovery goals, assess skills and abilities, identify resources and develop and implement plans relevant to his/her desires, needs and preferences.

#### 3. Choice and Responsibility

Each person is empowered to see that they have choices and to take responsibility for directing their own recovery.

# 4. Community Integration

People receiving services are encouraged to become part of the larger community to the fullest extent possible by taking on roles such as worker, friend, neighbor, and student. Strengthening relationships within the person's own family is highly encouraged.

## 5. Skill Development

Bridgeway supports people in skill development and provides opportunities for practice, giving feedback and encouragement.

## 6. Drug Free Living

A holistic program of recovery is offered to help each person achieve a lifestyle free of drug and alcohol dependence.

# 7. Recovery Journey

Recovery is an individual's way of living a satisfying, hopeful, and independent life.



If you, or a loved one, are seeking services in one of the counties where Bridgeway offers programming, please visit the website at www.bridgewayrehab.org and click on the interactive map to read complete program descriptions and learn about the eligibility requirements of each program. Some of Bridgeway's programs are designed to offer short-term, and some offer long term treatment. Some services are intensive and will establish multiple weekly, and even daily interventions if necessary. For some programs, interaction with staff is less frequent. Each person is treated as an individual.

#### **BRIDGEWAY PROGRAMS**

**Bridge to Wellness** - Integrated Primary Care 908-917-7791

Career Services - Sussex County 973-383-8670, Union County 908-687-9666

Sussex Community Support Team - Sussex County 973-383-8670 (Includes Partial Care, Supported Employment, Integrated Case Management (ICMS), Supportive Housing and Homeless Outreach)

Crisis Intervention Services - Hudson County 201-885-2539

Intensive Supportive Housing - Union County 908-249-4100

Homeless Outreach Services - Sussex County 973-383-8670, Union County 908-289-7330

**HOST** – Homeless Outreach Support Team - Union County 908-289-7330, press 2

ICMS - Integrated Case Management Services - Sussex County 973-383-8670

Justice Involved Services - Union County 908-994-8544

PACT - Program of Assertive Community Treatment - 11 Teams : Bergen County 201-880-8321 , Eastern Union County 908-352-0242, Essex County (2 teams) 973-755-0274, 973-755-0275, Western Union County 908-791-0505 , Central Union County 908-688-5400 , Hudson County 201-653-3980 , Hunterdon/ Warren Counties 908-835-8660 , Passaic County (2 teams) 973-638-1120 ,973- 638-1113, Somerset County 908-704-8252

Partial Care Day Rehabilitation Center - Sussex County 973-383-8670, Union County 908-355-7200

PESS – Psychiatric Emergency Screening Services - Somerset County 908-526-4100

**RIST** - Residential Intensive Support Team - Union County 908-249-4100 , Middlesex County, Tri-County-Hunterdon/Somerset/Warren Counties 908-894-5311

**Supportive Housing** - Hunterdon County 908-237-2577 , Sussex County 973-383-8670, Union County 908-249-4100