

**When Loved Ones
Need Mental Health
& Co-occurring
Substance Use Care**



877-692-5664

**In-person and
telehealth options
Bi-lingual Spanish
counselors**

*"Bridgeway's
whole-person care for
mental and physical
health is there for our
whole family."*



**Outpatient
Counseling Services**



**"My Bridgeway therapist
helped me focus on what I
wanted my future to look like.
I feel better every day!"**

Care for the whole family!

877-692-5664





Bridgeway Outpatient Counseling Services offers virtual and in-person talk therapy for mental health and co-occurring substance use disorders.

Individualized Treatment

- Trauma
- Anxiety
- Depression
- Substance Use
- Impulse Disorders



How We Help You

- We care for all ages, from 6 yrs old
- Session-based treatment for behavioral health disorders.
- Bridgeway counselors are available for secure talk therapy sessions during a range of convenient days and times.
- Bridgeway counselors are engaging and effective.
- Medication management available
- Case management services

Your Comfort Is Our Priority

- Sessions are private and secure.
- All ages and all insurance plans are welcome.
- We are here to help you get through difficult times.
- We help you address issues that impact your emotional and physical health.

Please call or email to schedule an appointment.

Medicaid, Medicare and Commercial health insurance plans accepted.

Rapid Access to Care

No insurance, we'll work with you!

"Bridgeway helped me focus on what I wanted my future to look like. I feel better every day!"

www.bridgewaybhs.org



Call: 877-692-5664 • Email: outpatientcounseling@bridgewaybhs.org