

**Celebrating Our 54th Year!**



## **Bridgeway's Hudson County Services include:**

### About Bridgeway

Bridgeway's mission is to help people recover from conditions related to mental illness, co-occurring physical health challenges, and substance use.

Bridgeway delivers individualized around-the-clock crisis intervention, outpatient counseling services, and whole-person behavioral health care, providing access to physical health care services.

Bridgeway impacts people's lives in our communities by creating real opportunities for improvements in the social determinants of health, with dignity and compassion.

Bridgeway Behavioral Health Services is recognized as a state-wide leader in non-profit mental health services.

Bridgeway's vision is that all persons experiencing a mental health condition will live happy, healthy, satisfying lives.

Bridgeway services are available in ten central and northern NJ counties.

For more information, please visit [www.bridgewaybhs.org](http://www.bridgewaybhs.org)

### **Whole Person Care**



### **Hudson County New Jersey**

#### **MENTAL HEALTH URGENT CARE**

Walk-in & Telephone/Televideo appointments

#### **BEHAVIORAL HEALTH SERVICES**

##### **Center for Integrated Behavioral Health Care**

Opening TBA, Hoboken location.

Interim Services currently offered

##### **Residential Intensive Support Team**

Support for people transitioning back into community living after psychiatric hospitalization

##### **Assertive Community Treatment - PACT**

Comprehensiv community-based rehabilitative support services for people with serious mental illness

##### **Supported Education Services**

Mobile outreach service to assist people with psychiatric disabiities reach their post-secondary academic goals

For complete program FACT Sheets, please visit [www.bridgewaybhs.org](http://www.bridgewaybhs.org) and click on the dropdown menu under *Our Services*

#### **Contact Us:**

**Mental Health Urgent Care**  
**201-885-2539**

**Behavioral Health Services**  
**201-370-4232**

[www.bridgewaybhs.org](http://www.bridgewaybhs.org)

## ASSERTIVE COMMUNITY TREATMENT

also known as *PACT Team*

862 Newark Ave., Jersey City, NJ

Phone: (201) 653-3980

Comprehensive, integrated rehabilitation treatment and support services for individuals challenged with a serious mental illness. PACT operates on the belief that people who have serious mental illness can live successful and satisfying lives in the community when flexible services and supports are provided. PACT services can be lifelong.

### Services Include:

- 24/7 availability of PACT team
- Individualized and flexible services mostly provided in the community
- Medication prescription, administration, education, and support
- Assertive outreach and "in vivo" life skills training and support
- Rapid response to potential crises
- Career counseling, job seeking skills training, and ongoing support to workers
- Co-occurring substance use treatment
- Assistance to develop peer/community social supports

## SUPPORTED EDUCATION

Phone: (908) 687-9666

Members of this mobile outreach team will assist people with psychiatric disabilities to reach their post-secondary academic goals. Services are individualized and flexible based on student choice, self-determination, and career goals.

[www.bridgewaybhs.org](http://www.bridgewaybhs.org)

## CENTER for INTEGRATED BEHAVIORAL HEALTH CARE

506 3rd Street, Hoboken Opening TBA

Phone: (201) 370-4232

### Hours of Operation:

Monday, Tues., Weds., Thurs. 9am - 9pm

Wednesday 9am - 5pm

Saturday, Sunday 10am - 6pm

### Your one-stop resource for behavioral and physical health needs in Hudson County.

Bridgeway's Center for Integrated Behavioral Health Care is designed for residents of Hudson County to provide a comprehensive array of services, including case management, needed to create rapid access, stabilize people in crisis, and provide the necessary treatment for those with the most serious, complex mental health conditions and substance use disorders, complete with physical health screenings.

## RESIDENTIAL INTENSIVE SUPPORT TEAM

also known as *RIST*

Office/On-Call: (973) 373-0777

Hours: 9am-4pm On-call Hours: 4pm-9am

Addressing the needs of individuals who may require intensive but varying degrees of support in the transition from hospital to community living. RIST is a comprehensive, flexible, mobile team skilled in state-of-the-art interventions. RIST, as a housing model, supports individuals' use of other community mental health treatment, employment and rehabilitation services, as appropriate.

### Eligibility:

- Referrals accepted from state and county hospitals
- Presence of a major DSM Axis I psychiatric illness
- Need for intensive support in order to maintain independent living

## MENTAL HEALTH URGENT CARE

also known as *Crisis Intervention Services*

152 Central Avenue, Jersey City, NJ 07306

Phone: (201) 885-2539

### Hours of Operation:

Monday - Friday from 9am - 5pm;

Saturday and Sunday from 10am - 6pm

Walk-in & Telephone/Televideo appointments

We are also available by phone after hours at (201) 885-2539

Providing crisis intervention and support to Hudson County residents age 18 and older who are experiencing a mental health crisis or a worsening of a pre-existing mental health disorder.

### Services Include:

- Crisis stabilization and de-escalation
- Biopsychosocial assessment inclusive of risk assessment
- Emergency room diversion
- Individual therapy
- Treatment planning
- Illness management
- Group therapy
- Linkages and referrals for after-care information and referrals provided for financial entitlements and housing/shelters
- Psychiatric evaluation for medication and medication management
- Bi-lingual Spanish staff and use of the cyracom language line so those speaking any language at all can be served