

**WALK-INS AND REFERRALS  
WELCOME**

**615 North Broad Street  
Elizabeth, NJ 07208**

Referrals are accepted by phone,  
however an individual seeking  
services does not need to be  
referred.

Walk-ins are encouraged during  
BCIS hours of operation.

In addition to providing walk-in  
availability and in-person services,  
we are currently offering phone-  
based and telehealth services on a  
limited basis.

We are open Monday-Friday from  
9am-8pm, and Saturday and  
Sunday from 10am-6pm.

Email:

[trisha.badishian@bridgewaybhs.org](mailto:trisha.badishian@bridgewaybhs.org)

Phone:

908 - 469 - 6517

Fax:

908-248-9342

[www.bridgewaybhs.org](http://www.bridgewaybhs.org)



**BCIS**

**Crisis Intervention Services - Union**



**Urgent Mental Health Care**



**Crisis Intervention Services is an Urgent Care Center providing crisis intervention and support to Union County residents age 18 and older who are experiencing a mental health crisis or a worsening of a pre-existing mental health disorder.**



**Crisis Intervention Services - Union  
615 N. Broad St.  
Elizabeth, NJ 07208**

The goal is to help people in crisis gain control of their symptoms and remain in the community as an alternative to going to the emergency room.

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[www.bridgewaybhs.org](http://www.bridgewaybhs.org)

## **BCIS provides crisis intervention and support through a three-step process.**

1. The multidisciplinary team comprehensively assesses all enrollees for their mental health needs and co-occurring needs if substance use is an issue.
2. The team provides clinical services and medication management as needed as part of the brief crisis stabilization that takes place with all individuals.
3. BCIS partners with mental health outpatient centers and community based agencies in Union County and outside the county if needed to ensure that rapid referral and linkages take place and that treatment continues successfully after discharge from BCIS, if continued treatment is clinically indicated and sought by the individual.

### **Services Include:**

- Crisis stabilization and de-escalation
- Comprehensive biopsychosocial assessment inclusive of risk assessment
- Individual therapy
- Treatment planning
- Illness management and education
- Group therapy
- Linkages and referrals for after-care
- Information and referrals provided for financial entitlements and housing/shelters
- Psychiatric evaluation to assess for medication appropriateness/benefit and medication management
- Bi-lingual Spanish-speaking staff and use of the CyraCom language line so those speaking a language other than English or Spanish can be seen for services
- Family education and collateral engagement

## **No one is ever turned away based on ability to pay.**

Bridgeway Crisis Intervention Services accepts Medicaid, Medicare, and many third-party insurers, and also sees individuals who have no insurance coverage at all.

We can provide one-time assistance paying for medication for those who have financial difficulties, and we work with the individual to ensure they can pay for their medications going forward.

Throughout the course of services at BCIS, bus and light rail passes may be provided as needed to help individuals get to their appointments while we work together to ensure permanent transportation is in place for follow-up services arranged after discharge from BCIS.

### **Our Team**

A team of Licensed Clinicians, Psychiatric Advance Practice Nurses, a Wellness Specialist and a Psychiatrist are available to assist individuals during this challenging time.

All individuals are seen by a Licensed Clinician the same day they present for services. Psychiatric evaluations and medication are available when clinically indicated.

The time period for services varies based on the individual. For some, one or two visits are sufficient, while for others the maximum enrollment period of 30 days is beneficial. Services are provided on-site.