

# Mental Health and Co-Occurring Services for Individuals with Autism

Bridgeway connects autistic children, teens, and adults to person-centered, evidence-based behavioral healthcare that's coordinated and close to home.

Our integrated approach ensures each person receives the mental health, co-occurring, and support services they need to achieve their goals and reach their fullest potential.



## Who We Help

Bridgeway provides compassionate care for autistic individuals (ages 6+) and those with Intellectual and Developmental Disabilities (IDD) who need mental health or co-occurring services, including medication and case management. Recognizing that individuals are part of a family system, we also offer family therapy and support, connecting family members to resources, ensuring wraparound care that helps everyone thrive.

## Where & What We Offer



### Sussex County, NJ

- **Partial Care (Day Rehabilitation – Group Program, ages 18+):** Psychiatric rehabilitation in a supportive, skills-building, community setting.
- **Outpatient Mental Health Care (ages 6+):** Individual, group and family counseling, and medication management.

Find Help Now:

📞 973-383-8670

✉ [Sussex.Contact@BridgewayBHS.org](mailto:Sussex.Contact@BridgewayBHS.org)



### Hudson County, NJ

- **Mental Health Urgent Care (ages 18+):** Rapid access to crisis stabilization, assessment, therapy, and medication support.
- **Outpatient Mental Health Care (ages 6+):** Individual, group and family counseling, and medication management.
- **Outpatient Substance Use Disorder Care (ages 13+):** Counseling and medication management.

Find Help Now:

📞 201-885-2539

✉ [Hudson.Contact@BridgewayBHS.org](mailto:Hudson.Contact@BridgewayBHS.org)



### Union County, NJ

- **Mental Health Urgent Care (ages 18+):** Rapid access to crisis stabilization, assessment, therapy, and medication support.
- **Outpatient Mental Health Care (ages 6+):** Individual, group and family counseling, and medication management.

Find Help Now:

📞 908-774-0188

✉ [Union-Contact@BridgewayBHS.org](mailto:Union-Contact@BridgewayBHS.org)

*Bridgeway is part of the Woods System of Care, a regional network meeting lifelong needs across behavioral health, autism, IDD, and complex care.*



## Need Mental Health Support?

### Access Line:

Call Us: 877-692-5664

Email: [central.access@bridgewaybhs.org](mailto:central.access@bridgewaybhs.org)

[www.BridgewayBHS.org](http://www.BridgewayBHS.org)

### Have a general question?

Call our Office: 908-355-7886