

## **SPRING NEWSLETTER**

2023



Juried Exhibition and Contest to be Hosted at Bridgeway 373 Clermont Terrace, Union

Prizes for 1st, 2nd, and 3rd Place Winners

Accepting visual artworks, including photography created by Bridgeway artists. Art accepted into exhibition will be entered into the contest.

#### Exhibition and Contest Rules:

- Open to persons served in all Bridgeway programs and services
- Must not be larger than 24 x 36 inches
- Limit of 2 submissions per artist, every piece may not be accepted
- All pieces must be framed, ready to hang
- Artwork must be delivered to 373 Clermont Terrace along with release form completely filled out and signed by the artist \*see back page of newsletter
- Each piece must be labeled on the back with artist name and phone number
- Please wrap each piece in brown paper or wax paper before dropping off
- Deadline to submit art is Thursday, April 6, 2023

www.bridgewaybhs.org | 877-692-5664

Join Our Online Community!

(f) (2) (a) (in)

www.bridgewaybhs.org



# **Spotlight on Excellence!**

#### **Meet Daniel Radom**

Daniel came to work at Bridgeway 13 years ago. In his first role working with the Sussex Community Support team, he provided case management and supportive housing services to individuals. When he arrived at Bridgeway, Dan had earned his Masters in Public Administration, but as time went by, he became more and more drawn to the fulfillment he experienced providing direct clinical care. Dan returned to Rutgers and earned his Masters in Social Work. He wanted to do more, so he began to build up the clinical hours necessary to become a licensed clinician. Recently he achieved his goal! Dan has become a critical member of Bridgeway's professional outpatient counseling team. He specializes in trauma work and is trained in EMDR. Dan has an outstanding reputation in the community and among the people he counsels. Bridgeway is proud to have Dan on staff, and the people we serve are fortunate to have Dan to rely on for counseling.



bridgewaytalktherapy.org



Each year, Bridgeway honors a clinical staff person and an administrative staff person who have been nominated by their peers for their exceptional work.

Congratulations!

Congratulations! Annual Staff Appreciation Award

Susan Guillermo Controller



## A Message from Bridgeway's Covid Task Force

Michael Swerdlow Ph.D. FACHE Director, Integrated Care

It has been three years since the Covid pandemic began. It has been a difficult time for staff, persons served, and our families. Organizationally, we had to adapt quickly to the new reality. Using telehealth, depending on zoom meetings, wearing protective equipment, and getting vaccines and home test kits were only some of the many changes we had to make. We also had to deal with many emotional challenges, such as losing loved ones and the individuals we serve. Despite all these challenges, Bridgeway continued to provide services to people who depended on us. Credit must go to all Bridgeway staff for their dedication and commitment.

Although we still must deal with Covid, there has been significant progress. Nationally, cases, hospitalizations, and test positivity rates are flat. According to the New York Times, conditions are improving in much of the Northeast, where hospitalizations have decreased by 15% in the last two weeks. In October 2021, the daily average number of Covid positive cases was 30,000. By the end of December 2022, the average was about 2,500.

What does this mean for Bridgeway?

- Continue to wear masks when we visit persons served.
- Stay at home if feeling sick.
- Continue to self-test if you feel sick.
- Use your judgment about wearing a mask if you are at risk or have close contact with someone at risk.
- Stay current with your vaccinations.
- Maintain regular check-ups with your primary care provider.
- The medical QI Task Force will continue to meet weekly to monitor the situation and will let you know if there are any special measures we need to take.

Many thanks to the Bridgeway community!

## Mental Health and Addictions Hotlines

#### **HUDSON COUNTY NEWS**

NJ Hopeline (suicide prevention) 1-855-654-6735

NJ Disaster Mental Health Helpline

1-877-294-4357

NJ Mental Health Cares 1-866-202-4357

Addictions Access Center 1-844-276-2777

NJ Addictions Hotline 1-800-238-2333

NJ Connect for Recovery 1-855-652-3737

NJ Quitline 1-866-657-8677

Peer Recovery Warm Line 1-877-292-5588

ReachNJ (Addictions Helpline)

1-844-732-2465

NJ Council on Compulsive Gambling

1-800-426-2537

Bridgeway Behavioral Health Services will soon have a *big* announcement to share about services in Hudson County, in the City of Hoboken - The Square Mile City, the birthplace of Frank Sinatra - and the soon-to-be home to Bridgeway's new **Center for Integrated Behavioral Health Care.** 

The Center Director, Stephanie Simon, reports that this spring, renovations will be completed at 506 3rd Street, and Bridgeway's comprehensive Hudson County services will reside at one location. What this means is that **PACT** services (Program for Assertive Community Treatment) along with **Crisis Intervention Services**, currently located in Jersey City, will move in and become part of Hudson County's newest Bridgeway services at The Center.

Once open, the **Center for Integrated Behavioral Health Care** in Hoboken will offer "one-stop" care for families:

- Crisis Intervention Services
- Rapid Access to services, availability by phone after hours
- Mental Health services
- Health care screening, HIV and Hepatitis screening
- Case management and Care coordination
- Medication Management
- Substance Use services, Smoking cessation
- Intensive Outpatient Services
- Social Support skill building
- Person-centered treatment planning
- · Screening for HIV and viral hepatitis A, B and C
- Services for Veterans
- PACT Program of Assertive Community Treatment
- Collaboration with judicial officials and the court system
- Wellness, Recovery and Peer services
- Trauma-Informed Care



#### ART EXHIBITION AND CONTEST ENTRY FORM - PLEASE ATTACH TO ARTWORK

ARTIST NAME, please print:
BRIDGEWAY PROGRAM, and staff contact:
ARTIST phone number:
ARTIST Email:
Description of artwork - please include title of piece, size and medium
(Example: NJ Sunset, 8 x 10, watercolors)
#1
#2
The following release must be signed, and dated by the artist. This release and
the information above must accompany artwork submitted for exhibition and
contest. See newsletter cover for details:
I,, give Bridgeway Behavioral Health Services
permission to display my art at 373 Clermont Terrace, Union, between April 6
and June 6, 2023.
Signature
Date
*Deadline to submit art is April 6th.  Mark Romanoski, PCU Art Instructor

Anonymous Compliance Hotline - If you suspect fraud, waste, or abuse Call 732-317-5098